



2019 VSRC Day 1

Heat Sheet for Saturday, May 4

1st Release

Lane 1 (Far Lane) Prince Williams Side - Fairfax County Side (Grandstands) - Lane 6

Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
1 08:00	W-N-4 Heat 2 Top 2 Places to Finals	Yorktown FR (-. Freshman)	Woodson (#. 09)	Forest Park (#. 02)	W-L (#. 06)	Madison (#. 13)		
2 08:07	W-N-4 Heat 1 Top 2 Places to Finals	Rock Ridge (#. 16)	Briar Woods (#. 08)	South County (#. 01)	TC Williams (#. 07)	LCHS (#. 14)		
3 08:14	M-N-4 Heat 3 Top 2 Places to Finals		Woodson (E. Harris)	South County (#. 05)	Westfield (#. 06)	McLean (B. Lindsay)		
4 08:21	M-N-4 Heat 2 Top 2 Places to Finals		LCHS (#. 14)	Wakefield (#. 03)	W, Springfield (#. 07)	Langley (D. Gibb)		
5 08:28	M-N-4 Heat 1 Top 2 Places to Finals	Broad Run (M. Perez)	Mt. Vernon (#. 13)	Fairfax (#. 02)	St. John Paul (#. 08)	Rock Ridge (A. Conaway)		
6 08:35	W-N-4 Heat 3 Top 2 Places to Finals	Stone Bridge (-. Freshman)	Yorktown N (#. 11)	Hylton (#. 03)	Robinson (#. 04)	Langley (#. 12)		
7 08:42	M-2-4 Heat 1 Top 3 Places to Finals		Madison (A. Kamath)	Fairfax (#. 01)	L. Braddock (#. 05)	W. Potomac (J. Cook)		
8 08:49	M-2-4 Heat 2 Top 3 Places to Finals		TC Williams (M. Cheung)	Woodson (#. 02)	St. John Paul (#. 04)	Westfield (B. Challa)		
9 08:56	M-FR-8 Heat 2 Top 3 Places to Finals	W. Potomac (#. 11)	Woodson (#. 06)	Yorktown (#. 02)	Oakton (#. 03)	Madison (#. 07)	W-L (D. Anthopolos)	

Schedule (Including Times) Subject to Change - Please follow twitter @VASRAResults for Updated Information

Weigh Ins: There are no lightweight events
Mandatory Coxswain's Meeting: 6:30 A.M.
Mandatory Coach's Mtg (Minimum 1 Coach Per Team): 6:00 A.M.

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
10	09:03	M-FR-8 Heat 1 Top 3 Places to Finals	Langley (#. 10)	Jefferson (#. 05)	McLean (#. 01)	Woodbridge (#. 04)	Forest Park (#. 08)	TC Williams (J. Silva-Camillo)	
11	09:10	W-FR-8 Heat 1 Top 3 Places to Finals	Oakton (#. 09)	L. Braddock (#. 05)	TC Williams (#. 01)	W, Springfield (#. 04)	McLean (#. 08)	Colgan (#. 13)	
12	09:17	W-FR-8 Heat 2 Top 3 Places to Finals	Robinson (#. 10)	Yorktown (#. 06)	Wakefield (#. 02)	W-L (#. 03)	Madison (#. 07)	Visitation (#. 12)	
13	09:24	M-JR-8 Heat 1 Top 2 Places to Finals		LCHS (#. 07)	Langley (#. 01)	Forest Park (#. 04)			
14	09:31	M-JR-8 Heat 2 Top 3 Places to Finals		L. Braddock (#. 05)	Woodson (#. 02)	South County (#. 03)	Stone Bridge (#. 09)		
15	09:38	M-N-8 Heat 1 Top 2 Places to Finals	Yorktown (A. Vaughn)	Oakton (#. 08)	Wakefield (#. 01)	TC Williams (#. 07)	Granby (A. McIntyre)		
16	09:45	M-N-8 Heat 2 Top 2 Places to Finals		Briar Woods (#. 10)	L. Braddock (#. 02)	Woodson (#. 05)	W. Potomac (J. Oldham)		
17	09:52	M-N-8 Heat 3 Top 2 Places to Finals		Stone Bridge (#. 14)	Robinson (#. 03)	W, Springfield (#. 04)	W-L (O. Ingram)		
18	09:59	W-N-8 Heat 1 Top 2 Places to Finals	Broad Run (#. 14)	Yorktown (#. 07)	L. Braddock (#. 01)	Jefferson (#. 06)	W. Potomac (#. 13)		
19	10:06	W-N-8 Heat 2 Top 2 Places to Finals	Westfield (#. 19)	Oakton (#. 08)	W, Springfield (#. 02)	Wakefield (#. 05)	Colgan (#. 11)		
20	10:13	W-N-8 Heat 3 Top 2 Places to Finals	Briar Woods (#. 20)	Episcopal (#. 09)	TC Williams (#. 03)	Woodson (#. 04)	Granby (#. 10)	Sidwell (#. 21)	

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	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
	10:20	Break							
21	11:20	W-N-4 Final	2nd from W-N-4 Heat 3	2nd from W-N-4 Heat 1	1st from W-N-4 Heat 2	1st from W-N-4 Heat 1	1st from W-N-4 Heat 3	2nd from W-N-4 Heat 2	
22	11:27	M-N-4 Final	2nd from M-N-4 Heat 3	2nd from M-N-4 Heat 1	1st from M-N-4 Heat 2	1st from M-N-4 Heat 1	1st from M-N-4 Heat 3	2nd from M-N-4 Heat 2	
23	11:34	M-3-4 Final		Fairfax (S. Umarkhodjaev)	St. John Paul (A. Herzing)	TC Williams (B. Najarro- Blancas)			
24	11:41	M-FR- 4 Final			Stone Bridge (S. McMichael)	St. John Paul (A. Petrak)	Broad Run (J. Vassar)		
25	11:48	M-3-8 Final	Colgan (#. 05)	Woodbridge (#. 03)	McLean (#. 01)	Jefferson (#. 02)	W-L (#. 04)	Robinson (#. 06)	
26	11:55	W-3-8 Final	W-L (#. 05)	Woodbridge (#. 03)	Oakton (#. 01)	McLean (#. 02)	TC Williams (#. 04)	Colgan (#. 06)	
27	12:02	M-4-8 Final	Jefferson 5th (F. Ayaan)	Woodbridge (#. 04)	Jefferson 4th (#. 02)	Robinson (#. 03)	Colgan (#. 05)		
28	12:09	W-4- 8 Final		Woodbridge (#. 03)	TC Williams (#. 01)	W-L (#. 02)			
29	12:16	M-N-8 Final	2nd from M-N-8 Heat 3	2nd from M-N-8 Heat 1	1st from M-N-8 Heat 2	1st from M-N-8 Heat 1	1st from M-N-8 Heat 3	2nd from M-N-8 Heat 2	
30	12:23	W-N-8 Final	2nd from W-N-8 Heat 3	2nd from W-N-8 Heat 1	1st from W-N-8 Heat 2	1st from W-N-8 Heat 1	1st from W-N-8 Heat 3	2nd from W-N-8 Heat 2	
31	12:30	M-2-4 Final	3rd from M-2-4 Heat 1	2nd from M-2-4 Heat 2	1st from M-2-4 Heat 1	1st from M-2-4 Heat 2	2nd from M-2-4 Heat 1	3rd from M-2-4 Heat 2	

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	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
32	12:37	W-2-4 Final		St. John Paul 2nd (#. 03)	South County (#. 01)	W, Springfield (#. 02)	St. John Paul 3rd (M. Jensen)		
33	12:44	W-FR-8 Final	3rd from W-FR-8 Heat 1	2nd from W-FR-8 Heat 2	1st from W-FR-8 Heat 1	1st from W-FR-8 Heat 2	2nd from W-FR-8 Heat 1	3rd from W-FR-8 Heat 2	
34	12:51	M-FR-8 Final	3rd from M-FR-8 Heat 1	2nd from M-FR-8 Heat 2	1st from M-FR-8 Heat 1	1st from M-FR-8 Heat 2	2nd from M-FR-8 Heat 1	3rd from M-FR-8 Heat 2	
35	12:58	M-JR-8 Final		2nd from M-JR-8 Heat 2	1st from M-JR-8 Heat 1	1st from M-JR-8 Heat 2	2nd from M-JR-8 Heat 1	3rd from M-JR-8 Heat 2	
36	01:05	W-JR-8 Final	TC Williams (#. 05)	Wakefield (#. 03)	L. Braddock (#. 01)	Langley (#. 02)	LCHS (#. 04)	W. Potomac (#. 06)	

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